



## Smoked salmon salad

This recipe is fantastic for aiding weight loss, but is also very satisfying and filling. You can cook a salmon steak with this recipe to have on top of your salad, or you could have slices of smoked salmon draped on top instead. Perfect for a quick dinner and equally as easy for a convenient lunch.

### Ingredients

- Smoked salmon
- Red cabbage, chopped
- Garlic, finely chopped
- Celery, chopped
- Olives
- Avocado, sliced



### Method



*Quantities to be decided by you, depending on how many you are feeding.*

1. Arrange all of the salad ingredients together on a plate
2. Place the salmon on top
3. Serve immediately

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